

Congratulations! You are taking the first step to get clarity on what you want next for your life!

Please complete your Free Coaching Assessment below. This brief assessment will allow us to focus our time during our session to bring you closer to aligning you with your goals.

Allow yourself to take a moment to stop, reflect and ponder your true answers to these questions. They are meant to launch you into the self-discovery process. There are open ended questions with no right or wrong answers.

We look forward to joining you in your journey toward your desired goal and a more fulfilling career and life!

Personal
What do you want in your life that you are currently not fulfilling?
What is your legacy you want to leave in this lifetime?
How do you define success and what is your greatest achievement?
What is your passion in life?
What do you want your life to look like one year from now?

(Continued)

What is missing in your life now?
What stops you from moving forward?
Work
What do you want more of in your work?
What are your key goals and areas of growth?
How do your business goals support your personal goals?
What do you want your business life to look like one year from now?
What is your support structure at work?
What is your core example of success?

(Continued)

Business What are your key business objectives? What is the key component to growing your business? What projects are you working on right now? What is your greatest challenge? What do you think is the key to being a great leader? General What are your greatest challenges? What opportunities are you not capturing? What is your dream?

(Continued)

What would you like to create?
What would people say your 5 greatest weaknesses are?
What would people say your 5 greatest strengths are?
Please call me today to set up your free session at 310-476-4688 or by e-mail at michelle@targetedtransitions.com
Free Coaching Session
Fill out the form below and receive a free coaching session. We will contact you via e-mail to set up an appointmen for your free 30 minute session.
Name:
Location:
Occupation:
Email:
Phone number:
When do you prefer to be contacted? [] Daytime [] Evening
What are you looking to achieve with a coach?